

Abduction relief sign

Useful sign in evaluating [cervical radiculopathy](#).



Relief of [pain](#), induced by arm [abduction](#), may be observed in [cervical radiculopathy](#) in which the lower [cervical nerve roots](#) are involved. Reduced tension at the [nerve root](#) is the probable underlying mechanism that leads to pain relief. Shoulder abduction can be used not only as a diagnostic sign but also may be incorporated in the conservative management of patients suffering from cervical radiculopathy affecting the lower cervical roots.

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