

Abducens nerve palsy



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[Sixth cranial nerve palsy](#), or abducens [nerve](#) palsy, is a [disease](#) associated with dysfunction of [cranial nerve VI](#) (the [abducens nerve](#)), which is responsible for contracting the [lateral rectus muscle](#) to abduct (i.e., turn out) the [eye](#).

Etiology

The most common causes of VIth nerve palsy in adults are:

More common: Vasculopathic (diabetes, hypertension, atherosclerosis), trauma, idiopathic.

Less common:

[Increased intracranial pressure](#) as [false localizing sign](#). [hydrocephalus](#), [brainstem compression](#) due to [cerebellar infarction](#)

[Idiopathic intracranial hypertension](#)

Abducens nerve palsies reportedly occur in 10% to 60% of patients, whereas other cranial nerve palsies occur much less frequently. A woman with benign intracranial hypertension and facial diplegia who showed complete resolution of her cranial nerve palsies after control of her elevated intracranial pressure with a lumboperitoneal shunt. The pathophysiologic course of cranial nerve palsies in patients with [Idiopathic intracranial hypertension](#) is uncertain but in most cases probably represents a nonspecific pressure-related phenomenon, as was clearly demonstrated in this patient ¹⁾

Giant cell arteritis

Infratentorial tumors

Cavernous sinus mass (e.g. meningioma, Brain stem Glioblastoma aneurysm, metastases)

Multiple sclerosis, sarcoidosis/vasculitis

Gradenigo syndrome

Stroke (usually not isolated)

Chiari Malformation

Hydrocephalus.

Pseudoabducens palsy

Thyroid eye disease

Lumbar puncture

Lumbar puncture ²⁾

Almost unilateral. Often delayed 5-14 days post LP, usually recovers after 4-6 weeks.

Lumbar myelography

Unspecific side effects which cannot clearly be differentiated from pure post-lumbar puncture complaints are reported to occur in up to 28%. The probably underlying pathogenetic mechanisms are discussed together with former animal experiments which revealed a local toxicity of the contrast medium at the central nervous tissue and the surrounding membranes ³⁾.

Five patients who developed abducens palsy after myelography with watersoluble contrast media are reported. These palsies can be compared to abducens palsies after spinal anesthesia and diagnostic lumbar puncture. They are most likely due to the lumbar puncture. The arguments for this explanation are discussed. The experience with these five patients suggests a greater incidence of postpuncture abducens palsy after myelography with watersoluble contrast media than after spinal anesthesia or lumbar puncture. If this first impression is verified, it could point to an additional toxic action ⁴⁾.

Clivus fracture

Idiopathic

Abducens nerve palsy is the most common complication after transvenous embolization (TVE) for cavernous sinus dural arteriovenous fistula. Abducens nerve palsy is reported to have a good prognosis after the symptoms have been alleviated ⁵⁾.

Clinical features and diagnosis

The inability of an eye to turn outward results in convergent [strabismus](#) or esotropia of which the primary symptom is [diplopia](#) which is worse when looking towards the affected side.

The condition is commonly unilateral but can also occur bilaterally.

The unilateral abducens nerve palsy is the most common of the isolated ocular motor nerve palsies.

Treatment

[Abducens nerve palsy treatment](#)

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Last update: **2024/06/07 02:59**

