2025/06/25 17:06 1/2 Abdominal distension

## **Abdominal distension**

Acute abdominal distension refers to a sudden and severe swelling or bloating of the abdomen, which can be caused by various medical conditions. It's often accompanied by discomfort or pain and may indicate a serious underlying issue requiring immediate medical attention. Some potential causes include:

Gastrointestinal obstruction: Blockage in the intestines, often caused by adhesions, tumors, or hernias, can lead to distension due to the accumulation of gas and fluids.

Perforation: A hole or rupture in the gastrointestinal tract, such as a perforated ulcer or appendicitis, can cause air or fluid to leak into the abdomen, leading to distension and severe pain.

Ascites: Accumulation of fluid in the abdominal cavity, commonly seen in conditions like liver cirrhosis, heart failure, or certain cancers, can cause abdominal distension.

Intestinal ischemia: Reduced blood flow to the intestines can lead to tissue damage and distension. This condition is often associated with severe abdominal pain and requires urgent medical attention.

lleus: Paralysis or decreased motility of the intestines, which can occur after surgery, due to medications, or as a result of certain medical conditions, can cause abdominal distension.

Inflammatory conditions: Conditions like pancreatitis, diverticulitis, or inflammatory bowel disease can cause inflammation and swelling in the abdomen, leading to distension.

Gastroparesis: Delayed emptying of the stomach due to nerve damage can result in abdominal distension, bloating, and discomfort.

Gastric dilation-volvulus: This is a life-threatening condition in which the stomach becomes distended and twists on itself, cutting off blood flow. It's a medical emergency requiring immediate intervention.

A distended abdomen is measurably swollen beyond its normal size. It's often accompanied by the feeling of being bloated with trapped gas or digestive contents. However, abdominal distension isn't

Last update: 2024/06/07 02:54

always from digestive processes

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Last update: 2024/06/07 02:54

