

A β ₁₋₄₂ (Amyloid-beta 1-42)

Name: Amyloid-beta (1-42) **Abbreviation:** A β ₁₋₄₂ **Type:** Peptide fragment **Length:** 42 amino acids
Molecular weight: ~4.5 kDa **Encoded by:** APP (Amyloid precursor protein) gene

□ Origin and Structure

- A β ₁₋₄₂ is generated from the **proteolytic cleavage** of amyloid precursor protein (APP) by **β -secretase (BACE1)** and **γ -secretase**
- Exists in multiple conformations: **monomers, oligomers, fibrils**
- A β ₁₋₄₂ is more **hydrophobic** and prone to aggregation than A β ₁₋₄₀

□ Biological and Clinical Significance

- Major component of **amyloid plaques** found in **Alzheimer's disease (AD)** brain tissue
- **Neurotoxic**, especially in its **soluble oligomeric** forms
- Impairs synaptic plasticity, induces oxidative stress, disrupts calcium homeostasis
- Oligomers may inhibit long-term potentiation (LTP) and memory formation

□ Diagnostic and Research Use

- **Cerebrospinal fluid (CSF)** A β ₁₋₄₂ levels are **decreased** in Alzheimer's disease due to plaque deposition
- Used in **CSF biomarker panels**:
 - ↓ A β ₁₋₄₂
 - ↑ Total tau (t-tau)
 - ↑ Phosphorylated tau (p-tau)
- Investigated in **PET imaging** (e.g., with radiotracers like Pittsburgh compound B)
- Animal models of AD often use **intraventricular or hippocampal injection** of synthetic A β ₁₋₄₂

□ Therapeutic Implications

- Target of **anti-amyloid therapies**, including:
 - **Monoclonal antibodies** (e.g., aducanumab, lecanemab)
 - **Secretase inhibitors** (limited success)
 - **A β -clearance enhancers**
- Immunotherapy against A β ₁₋₄₂ aims to prevent plaque formation and toxicity

⚠ Pathophysiological Notes

- **A β ₁₋₄₂/A β ₁₋₄₀ ratio** is often more informative than absolute levels

- Accumulation precedes clinical symptoms by years or decades
- Ongoing debate: **Amyloid hypothesis** vs **tau-first hypothesis** in AD pathogenesis

References

- PubChem: Aβ₁₋₄₂
- AlzForum: Aβ₄₂ Biomarker
- NCBI: APP gene

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