

# 3 + 3 design

The 3 + 3 design is a common approach in [phase 1 trials](#). It involves sequentially enrolling small groups of [participants](#), typically three participants per dose level, with a predefined dose escalation plan. If no dose-limiting toxicities (DLTs) occur in a group, the next group is enrolled at a higher dose. If a DLT occurs in one or more participants, the previous dose level is considered the maximum tolerated dose (MTD).

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